

All Saints' Spring 2024 EYC Schedule  
Wednesdays 5:30-7:00 PM | EYC Room (Sutherland Hall)

January

17th-Welcome Back!

-We'll check in with each other, go over the schedule, and enjoy being back at EYC!

24th-Rest a while!

-In the midst of the busyness of life, sometimes we forget the importance of rest. Rest is holy. We'll look at some practices to facilitate rest in our lives.

31st-Beads for Prayer

-Rosaries, prayer beads, oh my! Together we'll explore the use of prayer beads as a private prayer practice. There will be an opportunity to make your own to take home!

February

7th- Let's Talk About Lent

-And so the season changes. What does that mean? How can we observe Lent this year?

**14th- NO EYC** -Ash Wednesday Service

21st-What are Icons?

-Icons are more than just beautiful pieces of art. They are sacred images used for worship and devotion. Together we'll look at famous icons and see what this important tradition is all about.

28th-Game Night!

-Self explanatory, we'll observe a time of fun, games, and fellowship!

March

6th-Soundtrack of Life

-How can music be used to aid us in our spiritual journey? Bring a favorite song that you find "Spiritual." We'll listen to our collective soundtrack in our time together. (Note: All songs will be subject to a pre-review by our EYC adult leaders)

13th- AnamCara: Soul Friend -

With the feast of St. Patrick nearing, let's learn about the concept of a Soul friend from Celtic spirituality. We'll end by making our own Celtic knots!

## **20th-NO EYC-School Spring Break**

## **27th- NO EYC-Holy Week**

### April

3rd- It's Eastertide, y'all!

-We'll encounter the resurrection of Jesus and what it could mean for us. Where are those moments of resurrection in our own lives? We'll spend time together making some resurrection rolls for dessert!

10th- Art Night!

-Time to exercise your creativity! There'll be some different options for you to express your inner artist.

17th- Ways of Prayer

-Many think there is only one right way to pray. That's not true! Prayer, like all of creation, is diverse. We'll explore some different prayer practices and see which ones might be a good fit for you!

24th- Karaoke and Game Night!

-Come ready to sing or chill with some games. This night is all about fun and fellowship.

### May

1st- Show and Tell Night!

-Bring a unique item to present that is special to you! It can literally be anything (except for live animals, sorry). We'll gather and have us a good ol' fashioned show and tell!

\*8th- Possible Ascension Picnic on Thursday the 9th.\*

15th- Outdoor Poetry Slam

-This gathering will take place in the park at church! We'll enjoy nature, hammocking, and have an outdoor poetry slam!

22nd-Last EYC. Picnic Bash in the Park!

There'll be outdoor games, picnic foods, hammocks, and fun! We'll take some time to reflect on the year and then have a Summer send off!

